



*The professional voice for breastfeeding*

## **Lactation Consultants of Great Britain (LCGB)**

World AIDS Day 2014: Breastfeeding and HIV

1 December 2014

LCGB is the professional organisation for International Board Certified Lactation Consultants (IBCLCs) working in the UK.

LCGB is pleased to announce that member Pamela Morrison IBCLC has recently produced several important new articles and resources on breastfeeding and HIV. Pamela's background includes ten years as a La Leche League Leader in Zimbabwe (1987 – 1997) and twenty-four years as an IBCLC (1990 to date) in Zimbabwe, Australia and England.

Recent advances have meant that HIV transmission through breastfeeding (exclusive breastfeeding for 6 months and continuing up to 12 months alongside suitable solid foods) can be reduced to 0-1% when HIV-positive mothers receive adequate antiretroviral therapy for their own health. Recent articles and resources include:

Pamela Morrison & Ted Greiner (2014) Letter to the Editor, *Health Care for Women International*, 35:10, 1109-1112, DOI: 10.1080/07399332.2014.954705  
<http://dx.doi.org/10.1080/07399332.2014.954705>

Morrison P. Practice Update: HIV and breastfeeding, *Essentially MIDIRS*, August 2014;5(7):38-9, available at page 38, <http://www.midirs.org/em-aug2014-worldbreastfeedingweek/>

Morrison P, Breastfeeding for HIV-Positive Mothers, *Breastfeeding Today*, 1 November 2014

<http://viewer.zmags.com/publication/17f8c1a9#/17f8c1a9/22>

Morrison P and Faulkner Z, HIV and breastfeeding: the unfolding evidence *Essentially MIDIRS*, Dec/Jan 2015, Vol 5 Number 11, 28 November 2014,

<http://www.midirs.org/em-decjan-hiv/>

Pamela was the lead author of the 2012 WABA HIV Kit, "*Understanding International Policy on HIV and Breastfeeding: A Comprehensive Resource*". This set of documents aims to clarify the confusion that has arisen during the last decade due to changing HIV and infant feeding guidance. It summarises up-to-date scientific evidence as at the end of 2012 and will be updated in 2015, see at [www.hivbreastfeeding.org](http://www.hivbreastfeeding.org)

As a special World AIDS Day event (1 December) Pamela's presentation entitled "Back to the Future on HIV and Breastfeeding: the findings that transformed policy" is being offered free online by GOLD Conferences [www.goldlactation.com/](http://www.goldlactation.com/)

in collaboration with the Mother and Child Health and Education Trust, <http://motherchildtrust.org/http://motherchildtrust.org/>

In the presentation Pamela explores the research that influenced HIV and infant feeding policy. She describes a journey spanning promotion of maternal infant feeding choice in the face of an uncertain outcome to a clear recommendation based on up-to-date evidence about child-survival. Twenty-five years later breastfeeding enjoys a renewed endorsement regardless of a mother's HIV-status. Learn more and view this presentation here: <http://www.hivbreastfeeding.org>

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