

SPEAKERS AND CHAIRMEN

Professor Phillip Bennett

Professor of Obstetrics and Gynaecology
Imperial College London
Institute of Reproductive & Developmental Biology
Hammersmith Hospital
London W12 0NN

Miss Mandish Dhanjal

Consultant Obstetrician & Gynaecologist
College Tutor & Education Lead
Maternity
Imperial College Healthcare NHS Trust
Queen Charlotte's & Chelsea Hospital
London W12 0HS

Mrs Kristin Hayward

HypnoTherapist specialising in
Fertility, Pregnancy & Birth
www.kristinhayward.com

Ms Angela Helleur

Local Supervising Authority Midwifery
Officer
London Strategic Health Authority
NHS London
Southside
105 Victoria Street
London SW1E 6QT

Dr Michel Odent

Consultant Obstetrician
Primal Health Research Centre
72 Savernake Road
London NW3 2JR
www.wombecology.com
www.primalhealthresearch.com

Mr Joth Shakerley

Photographer
15 Crediton Road
London NW10 3DT
www.jothshakerley.com

Miss Jenny Smith

Founder, Gentle Childbirth Foundation
Supervisor of Midwives
Queen Charlotte's & Chelsea Hospital
London W12 0HS
www.jentlechildbirth.org.uk

Miss Alechia van Wyk

Exercise Physiologist
alechia@alechiavanwyk.co.uk

Ms Annelie Whitfield

Naturopath, Herbalist and
Raw Food Consultant
www.anneliewhitfield.com

Imperial College
London

NURTURING CHILDBIRTH: the Gentle approach

For obstetricians, midwives and complementary therapists

A day exploring an holistic approach to
wellbeing in pregnancy and childbirth

Course Director: Miss Jenny Smith

Thursday, 29 April 2010

To be held at: The Hammersmith Conference Centre
Hammersmith Hospital, London W12

Registration fee: £150 for obstetricians
£100 for midwives & complementary therapists

Accreditation: Accredited by The Royal College of Midwives

Enquiries: Tel: +44 (0)20 7594 2150
Fax: +44 (0)20 7594 2155
email: sympreg@imperial.ac.uk
www.symposia.org.uk for secure on-line registration
and availability of places

NURTURING CHILDBIRTH: The Gentle Approach

for midwives, obstetricians and complementary therapists

at Hammersmith Conference Centre, Hammersmith Hospital, London W12
Thursday, 29 April 2010

09:00 Registration; tea & coffee will be served

Chair: Professor Phillip Bennett

09:30 The most important scientific discovery of the 20th century

Dr Michel Odent

10:30 HypnoBirthing: the benefits of relaxation in childbirth

Mrs Kristin Hayward

11:15 Coffee

11:45 Older mothers: dilemmas surrounding birth

Miss Mandish Dhanjal

12:30 The story behind the Naked Women Campaign

Miss Jenny Smith and
Mr Joth Shakerley

13:15 Lunch

Chair: Jenny Smith

14:00 Mothers, babies, midwives and supervision

Ms Angela Helleur

14:45 Naked nutrition: raw superfoods for pregnancy, birth and beyond

Ms Annelie Whitfield

15:30 Fitness: the benefits for wellbeing, pregnancy and birth

Miss Alechia van Wyk

16.15 End of course

This programme may be subject to change. The latest programme will be posted on www.symposia.org.uk

27.01.10

APPLICATION FORM

(please copy for additional delegates)

code: 10.05

Nurturing Childbirth: 29 April 2010

BLOCK LETTERS PLEASE

Surname: Dr/Mr/Mrs/Ms/Miss _____

First name _____

Job description _____

Address _____

Post code _____ Country _____

Place of work (if different) _____

Tel no (daytime) _____

Fax no _____

Email _____

Any special dietary requirements? _____

PAYMENT Course fee: Obstetricians £150
Midwives/complementary therapists £100

I enclose a cheque made payable to "Institute Trust Fund"
for £150 / £100

OR

Please charge my credit card with £150 / £100

VISA MASTERCARD AMEX DEBIT

Cardholder's Name _____

Please write your card number clearly in the box below:

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Please detach and return to:
The Symposium Office
IRDB
Imperial College London
Hammersmith Hospital
Du Cane Road, London W12 0NN

Please note that we are unable to accept an application without the registration fee. Submission of this form does not guarantee a place. A receipt will be sent as confirmation of booking.

Telephone +44 (0)20 7594 2150
Fax +44 (0)20 7594 2155
e-mail: sympreg@imperial.ac.uk

Cancellations must be in writing. No refunds are possible for cancellations made within one week of the course start.