



Lactation Consultants South UK

Breastfeeding Workshops

Building on our understanding of breastfeeding:

22nd & 23rd Jan 2010

Topics covered will include:

Day 1

Anatomy & physiology – revisited: applying it to practice

Looking at techniques & equipment that support breastfeeding practice.

Day 2

Oral anatomy & physiology of the newborn

High palate/cleft/ tongue-tie

Feeding issues related to oral problems and to other problems such as Down's Syndrome

Understanding breastmilk, the preterm baby, & other issues:

19th & 20th Feb 2010

Day 3

Specific nutritional needs of preterm babies

Techniques & equipment that could be used

Developing our practice with the preterm

Day 4

Constituents of breastmilk – how does this inform practice?

Taking a feeding history

Milk banking and storage of breastmilk

Medications and breastfeeding

Moving breastfeeding practice on:

19th & 20th March 2010

Day 5

Feeding the older baby

Induced lactation and relactation

Working while breastfeeding

Tandem feeding, nursing strikes and other issues

Day 6

Slow weight gain or failure to thrive

Becoming a Lactation Consultant

Cultural and ethical issues and infant feeding

Reviewing slides on breastfeeding issues

Venue: Bedhampton Social Club, Bedhampton, Nr Portsmouth, Hants

Time: 0900 – 1600

Cost: £65.00 individual days
£120.00 two days
£310.00 whole course (6 days)

Refreshments including a sandwich lunch. Suitable for CERPs

Applications to: LC South UK, 12 Ash Close, Cowplain, Hants PO8 8TU.

023 9278 2481 (eves)

or email: Sarah@LCSouthuk.biz

Detach.....

I would like to attend the workshop/s on.....

Name.....Tel Number

Address.....

Postcode E-Mail

Cheques payable to LC South UK. Invoices cannot be sent.

No refund if cancelled less than 2 weeks in advance. Cancellation fee – 10% of fee paid. Programme and maps sent on booking.

www.lcsouthuk.co.uk